

## A Well Stocked Survival First Aid/Casualty Kit

### QTY/ ITEM

10 5"x9" ABD Pad  
6 BleedStop Bandage  
2 Universal Splint 36"  
1 First Aid Quick Guide  
1 Small Flashlight w/Eye Dilation Chart  
1 CPR Mask, Single Use  
1 Scissors  
2 Surgical Clamps  
1 Tweezers  
30 Benzalkonium Chloride Antiseptic Towelettes  
15 Iodine Prep Pads, medium  
16 Alcohol Prep Pad  
1 4.8 oz. Lidocaine Hcl Burn Spray  
1 2 oz. Ethyl Alcohol Hand Sanitizer  
1 6 oz. Calamine Lotion  
1 4 oz. Sterile Saline Eye Wash  
5 Rolls Surgical Tape  
2 Tongue Depressors  
1 Latex Tourniquet  
10 Butterfly Bandages  
10 Pad Band-Aids 1.5"x2 5/8"  
10 Small Band-Aids  
10 Gauze Pads 3"x3"  
10 Dressing Sponges 4"x4"  
10pr. Surgical Gloves  
2 Non-Sterile Triangular Bandages 40"x40"x56"  
2 Pill Bottles, Empty, Childproof Caps  
1 Nurse's Stethoscope, Single Head  
1 Blood Pressure Cuff  
2 Multi-Trauma Dressing 12"x30"  
6 Sting Relief Alcohol/Lidocaine Swabs  
15 Iodine Prep Pads, Medium  
16 Alcohol Prep Pads  
1 6" Elastic Bandage  
1 3" Elastic Bandage  
100 Cotton Tipped Applicators (Q-Tips)  
4 Instant Ice Compress Packs  
120 3/4" Curad Band-Aids  
10 Rolls of Kling  
4 NPA Nasal Airways  
1 Airway kit-multi size  
1 Bottle of Activated Charcoal for poison relief/treatment  
4 TK4 Tourniquets

10 Safety Pins (Large)

1 Quality backpack for listed contents

- You might consider a field surgical kit, sutures, and skin stapler as well.
- These are the basic necessities; you can assemble as comprehensive of a kit as you are comfortable with, and what you have the knowledge to utilize.
- Suggested quantities, tailor your kit to suit your needs.
- In addition to a large comprehensive kit, I suggest everyone have an IFAK, Individual First Aid Kit. This is a smaller version of the multi-casualty kit described above. It should contain a minimum of a tourniquet, airway, 4x4's, Kling, band-aids, and surgical tape.